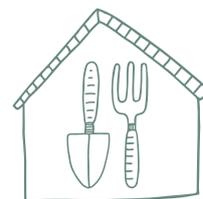


# BRUNCH

SERVED FROM 9AM - 3.30PM



ROOTS  
ROUGHAM ESTATE CAFÉ

## NEW Lemon & Almond

### Granola (v)

N, So, Su 13.00  
Blueberry compote, lemon curd and lavender yoghurt

### Roots Fry-Up

G, E, M, Su 15.50  
Thurston Butchers' classic sausage and black treacle bacon, Rymer Farm fried egg, marinara baked beans, roasted cherry vine tomatoes, potato hash, garlic flat mushroom and smoked butter served with your choice of white, eight-grain (Ss) or sourdough toast

### Veggie Fry-Up (v, vgo)

G, E, M, So, Su 14.50  
Homemade vegetarian sausage, seitan bacon, Rymer Farm fried egg, marinara baked beans, roasted cherry vine tomatoes, potato hash, garlic flat mushroom and smoked butter served with your choice of white, eight-grain (Ss) or sourdough toast

### Roots Eggs Benedict (gfo)

G, E, M, Su 14.00  
Pork belly, two poached eggs, horseradish vinaigrette, hollandaise sauce on rosemary & sea salt focaccia

### Roots Eggs Royale (gfo)

G, E, M, Su, F 14.00  
Smoked salmon, two poached eggs, dill, hollandaise sauce on toasted sourdough

### NEW Roots Eggs Florentine (v, gfo)

G, E, M 12.00  
Fresh spinach, two poached eggs, hollandaise sauce on toasted focaccia

## NEW Avocado on Toast (v, gfo)

G, E, M, Su 13.50  
Smashed miso-dressed avocado, cherry tomatoes, feta, salsa verde, pomegranate seeds, dukkah spice, poached egg on toasted sourdough

## Korean Buttermilk Fried Chicken

G, E, M, So, Ss, Su 14.00  
Kimchi & spring onion salsa, fried egg, gochujang BBQ sauce on toasted focaccia

## NEW Gigantes

(Greek Giant Beans) (v, vg, gfo)  
G, Mu, So, Su, N 12.00  
Cashew cream tzatziki, pickled red onions, parsley on toasted sourdough

## NEW Madras Pulled

Beef Brisket (gfo)  
G, Mu, So, Su, N 14.00  
Poached egg with curried hollandaise, tomato & shallot salsa, coriander on toasted brioche

## NEW Peaches & Cream French Toast (v)

G, E, M, N 12.50  
Poached vanilla peaches, clotted cream, basil syrup, macadamia granola

## NEW Roots Waffle (v)

G, E, M, So 12.00  
Served with kiwi, dragonfruit, strawberries and orange-infused Rougham Estate honey on a vanilla maple-coated waffle with white chocolate glaze

# TRADITIONAL FAVOURITES



## NEW Rougham Breakfast Bun

G, E, M, Mu, Su 10.00  
Grilled sausage, black treacle bacon, fried egg, roasted beef tomato, marinara mayo served in a toasted brioche bun

## Sausage or Bacon

Sandwich G, E 7.00  
Sausage or black treacle bacon in your choice of white, eight-grain (Ss) or sourdough bread. Why not add extra portions? See below.

## Toast (v, vg, gfo)

G 4.00  
Two slices of white, eight-grain (Ss) or sourdough toast with a choice of: Rougham Estate Honey | Marmalade | Jam | Nutella | Marmite

### EXTRA PORTIONS

Sausage	2.50	Hash Brown	2.00
Bacon	3.00	Smoked Salmon	3.50
Egg	1.50	Avocado	2.00

## SPRING/SUMMER MARCH 2026

### FOOD ALLERGY NOTICE

Please inform our waiting staff of any food allergies before ordering.

Our menu gives general guidance about ingredients which may affect those with food intolerances and allergies.

Please note, however, that our kitchen handles many types of food and drink each day and although we do our very best to avoid cross-contamination, we cannot guarantee this does not happen. Ultimately, the final choice about what to eat rests with you.

### ALLERGY INDEX

C Celery	Mu Mustard
Cr Crustaceans	N Nuts
G Gluten	Pn Peanuts
E Eggs	So Soya
F Fish	Ss Sesame
L Lupin	Seeds
M Milk	Su Sulphur
Mo Mollusc	Dioxides

### KEY TO DIETARY SYMBOLS

v	Vegetarian
vg	Vegan
gf	Gluten Free
gfo	Gluten Free option available
vgo	Vegan option available

Tag us  
@roughamestate



# LIGHT BITES

SERVED FROM 11<sub>AM</sub> - 3.30<sub>PM</sub>

Ciabattas are all served with dressed leaves and coleslaw

## BLT Ciabatta (gfo)

G, Mu 12.00  
Black treacle bacon, mini-gem lettuce, beef tomato and garlic aioli

## Veggie BLT Ciabatta (vg)

G, Mu, So 12.00  
Seitan bacon, mini-gem lettuce, beef tomato and garlic aioli

## NEW Roots Falafel Ciabatta (vg)

G, Mu, Ss, Su 12.00  
Homemade falafel with baba ghanoush, pickled red cabbage and tomato

## NEW Sardine Paté Ciabatta (gfo)

G, M, Mu, Su, F 12.00  
Lemon and caper salsa, dill cucumbers and rocket leaves

## NEW Suffolk Pastrami

**Ciabatta (gfo)**  
G, E, M, Mu, Su 13.00  
Roasted red pepper cream cheese, American mustard, gherkins and rocket leaves

## NEW Aubergine

**Ciabatta (v)**  
G, M, Mu, Su 12.00  
Fried aubergine, pickled beetroot, feta, olive tapenade, spring onions

## NEW Chicken Caesar

**Ciabatta (gfo)**  
G, E, M, Mu, F 13.00  
Grilled chicken with homemade caesar sauce with anchovies, tomato, parmesan and iceberg lettuce

## Salad of the Week

Freshly prepared and changing weekly, please see the blackboard or ask your server for today's details. Price varies

## Homemade Sausage Roll

G, Su, E, Mu 7.50  
Served with dressed leaves and coleslaw

## Homemade Vegan Roll (vg)

G, So, Su, Mu 7.50  
Served with dressed leaves and coleslaw

## Homemade Scotch Egg

G, E, Su, Mu 7.50  
Served with dressed leaves and coleslaw

## Sundried Tomato, Feta & Basil Pesto Pastry Wheel

G, M, Mu, Su 7.00  
Served with rocket leaves

# CHILDREN'S MENU SERVED FROM 9<sub>AM</sub> - 3.30<sub>PM</sub>

**NEW Lemon & Almond Granola (v)**  
N, So, Su 8.00  
Blueberry compote, lavender yoghurt, lemon curd

**Children's Fry-Up**  
G, E, M, Su 10.00  
Sausage, bacon, fried egg, Heinz beans, white toast

**Sausage Sandwich**  
G 7.00  
Two sausages in white bread

**Bacon Sandwich**  
G 7.00  
Three rashers in white bread

**Sausage & Chips**  
G 9.00  
with Heinz beans

**Beans on Toast (vg)**  
G 5.00  
Heinz beans on white toast

**Cheese & Tomato Sandwich (v)**  
G, M 5.00  
Sliced cheddar cheese and tomato in white bread



## SIDES

**Loaded Hash Browns (v)**  
8.00

Parmesan, crispy onions, truffle oil, parsley G, E, M

**Classic Fries (v)**  
4.50

Rosemary garlic salt

**Italian Loaded Fries (v)**  
5.50  
Marinara sauce, Parmesan and parsley M, E, Su

**Sweet Potato Fries (vg)**  
5.50

Salsa verde and pickled red onions Su

**Side Salad (v, vg) Su**  
5.00

**Slice of Bread (v, vg) G**  
2.00

## EXTRA PORTIONS

Sausage 2.50  
Bacon 3.00  
Egg 1.50  
Hash Brown 2.00  
Smoked Salmon 3.50  
Avocado 2.00

## TREAT YOURSELF TO A DELICIOUS CAKE

Served all day

A selection of homemade cakes and traybakes is available. Please ask for details.