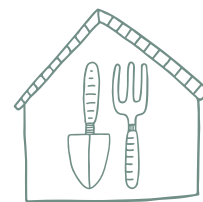


BRUNCH

SERVED FROM 9^{AM} - 3.30^{PM}



ROOTS
ROUGHAM ESTATE CAFÉ

Roots Fry-Up

G, E, M, Su 15.00

Thurston Butchers' classic sausage and black treacle bacon, Rymer Farm fried egg, marinara baked beans, roasted cherry vine tomatoes, potato hash, garlic flat mushroom and smoked butter with white, eight-grain (Ss) or sourdough toast

Veggie Fry-Up

G, E, M, So, Su 14.00

Homemade vegetarian sausage, seitan bacon, Rymer Farm fried egg, marinara baked beans, roasted vine tomatoes, potato hash, garlic flat mushroom and smoked butter with white, eight-grain (Ss) or sourdough toast

Roots Eggs Benedict

G, E, M, Su 14.00

Rosemary & sea salt focaccia, pork belly, two Rymer Farm poached eggs, horseradish vinaigrette, hollandaise sauce

Roots Eggs Royale

G, E, M, Su, F 14.00

Toasted sourdough, smoked salmon, two Rymer Farm poached eggs, dill, hollandaise sauce

Maple & Pecan Granola Bowl

N, So, Su 12.50

Kiwi, raspberries, passion fruit, vanilla & coconut pannacotta, yoghurt, maple syrup

Garlic Prawns

G, M, C, Su, Cr 13.50

Pan fried king prawns, whipped feta, bloody mary salsa, basil served on toasted sourdough

Corn & Courgette Fritters

G, E, Ss, So, Su, Mu 12.00

Quinoa, beetroot relish, tahini & mint yoghurt, poached eggs

Avocado on Toast

G, Su 13.00

Smashed avocado, heirloom tomatoes, pickled radish, toasted pumpkin seeds, watermelon ketchup, toasted sourdough

Italian Carbonara Potato Hash

E, M 14.00

Fried potato, guanciale, cherry tomato, red onion, basil, carbonara sauce, Parmesan

Buttermilk Fried Chicken

G, E, M, Su 14.00

Brioche, smashed avocado, poached egg, chipotle hollandaise sauce, pickled red onion

Limoncello Waffle

G, E, M, Su 13.00

Limoncello curd, italian meringue, raspberry coulis, lime

Crème Brulee French Toast

E, M, N, G 13.00

White chocolate, pistachio, brioche, strawberries

TRADITIONAL FAVOURITES



Sausage or Bacon Sandwich

G, E 7.00

Thurston Butchers' classic sausage or black treacle bacon in white, eight-grain (Ss) or sourdough bread

Add extra portion of:

- > Sausage 2.50
- > Bacon 2.50
- > Egg 1.50
- > Smoked Salmon 3.50

Toast

G 4.00

Two slices of white, eight-grain (Ss) or sourdough toast with a choice of:

- > Rougham Estate Honey
- > Marmalade
- > Jam
- > Nutella
- > Marmite

SPRING-SUMMER APRIL 2025

FOOD ALLERGY NOTICE

Please inform our waiting staff of any food allergies before ordering.

Our menu gives general guidance about ingredients which may affect those with food intolerances and allergies.

Please note, however, that our kitchen handles many types of food and drink each day and although we do our very best to avoid cross-contamination, we cannot guarantee this does not happen. Ultimately, the final choice about what to eat rests with you.

ALLERGY INDEX

- C Celery
- Cr Crustaceans
- G Gluten
- E Eggs
- F Fish
- L Lupin
- M Milk
- Mo Mollusc
- Mu Mustard
- N Nuts
- Pn Peanuts
- So Soya
- Ss Sesame Seeds
- Su Sulphur Dioxides

Tag us
@roughamestate



roughamestate.com

LUNCH



SERVED FROM 11AM - 3.30PM

**OFFER: 2 CIABBATTAS FOR £20
(MONDAY - THURSDAY ONLY)**

Ciabattas are all served with dressed leaves and coleslaw

BLT Ciabatta

G, Mu 12.00
Black treacle bacon, mini-gem lettuce, beef tomato and garlic aioli

BLT Ciabatta - vegetarian

G, Mu, So 12.00
Seitan bacon, mini-gem lettuce, beef tomato and garlic aioli

Smoked Salmon Ciabatta

G, F, M, C, Su 13.00
Smoked salmon with horseradish cream, bloody mary salsa and capers

Green Goddess Ciabatta

G, Su, M 13.00
Green goddess dressing, goats cheese, spinach, seasonal greens, tomatoes

Charred Aubergine Ciabatta

G, Su 11.00
Charred smoky aubergine, chimichurri, roasted red pepper and rocket

Suffolk Lamb Ciabatta

G, M, N, Su 13.00
Lamb meatballs, romesco sauce, parmesan, rocket

Nacho Ciabatta

G, M, Su, Mu, C 13.00
Pulled chipotle chicken, tortilla chips, avocado, garlic aioli and mozzarella



Salad of the Week 12.00

Please ask server or see our specials board

Sausage Roll

G, Su, E, Mu 7.50
Served with onion jam

Vegan Roll

G, So 7.50
Served with onion jam

Scotch Egg

G, E, M 7.50
Served with beetroot relish

Quiche of the Day

G, E, M 9.00
Served with side salad

SIDES

Classic Fries 4.50
Rosemary garlic salt

Italian Loaded Fries 5.50
Marinara sauce, Parmesan and parsley M, Su

Sweet-Potato Fries 5.50
Chimichurri Su

Loaded Hash Brown 5.00
Truffle oil, Parmesan M

Nacho Bowl 6.00
Tortilla chips, avocado, garlic aioli, jalapeños, cheese Mu, Su, M

TREAT YOURSELF TO A DELICIOUS CAKE

Served all day

A selection of homemade traybakes and cakes are available.

Please ask for details.

CHILDREN'S MENU SERVED FROM 9AM - 3.30PM

Granola

N, So, Su 8.00
Maple & pecan, fresh berries, yoghurt

Children's Fry-Up

G, E 10.00
Sausage, bacon, fried egg, Heinz beans, white toast

Sausage Sandwich

G 7.00
Two sausages in white bread

Bacon Sandwich

G 7.00
Three rashers in white bread

Sausage & Chips

G 9.00
with Heinz beans

Beans on Toast

G 5.00
Heinz beans on white toast

Ham Sandwich

G 5.00
Suffolk ham slices in white bread

Cheese & Tomato Sandwich

G, M 5.00
Sliced cheddar cheese and tomato in white bread

Nutella Waffle

G, M, N 8.00

INDULGE IN HANDCRAFTED AND AWARD WINNING ICE CREAM

120ml tub

Vanilla
Chocolate
Strawberries & Cream
Mint Chocolate
Salted Butter Caramel
Vegan Vanilla

3.50

Please ask your server for allergen information