



# BRUNCH

SERVED FROM 9<sup>AM</sup> - 3.30<sup>PM</sup>

## Roots Fry-Up

G, E, M, So, Su 14.00

Thurston Butchers' classic sausage and black treacle bacon, Rymer Farm fried egg, marinara baked beans, garlic roasted vine tomatoes, lemon & thyme potato wedges, balsamic mushroom and smoked herb butter with white, eight-grain (Ss) or sourdough toast

## Veggie Fry-Up

G, E, M, So, Su 13.00

Homemade vegetarian sausage, aubergine bacon, Rymer Farm fried egg, marinara baked beans, garlic roasted vine tomatoes, lemon & thyme potato wedges, balsamic mushroom and smoked herb butter with white, eight-grain (Ss) or sourdough toast

## Roots Eggs Benedict

G, E, M, Su 14.00

Rosemary & sea salt focaccia, pork belly, two Rymer Farm poached eggs, horseradish vinaigrette, hollandaise sauce

## Roots Eggs Royale

G, E, M, Su, F 13.00

Toasted sourdough, smoked salmon, two Rymer Farm poached eggs, dill, hollandaise sauce

## Maple & Rosemary Granola

N, So, Su 11.00

Spiced baked apples & pears, yoghurt, winter berry compote and chia seeds

## Kimchi Pancake

G, So, Ss 12.00

Asian slaw, gochujang sauce, sesame seeds

## Avocado on Toast

G, So, Ss 12.00

Toasted sourdough, smashed avocado, labneh, harissa salsa, two Rymer Farm poached eggs, pomegranate

## Buttermilk Fried Chicken

G, E, M, Su 13.00

Brioche, smashed avocado, poached egg, chipotle hollandaise sauce, pickled red onion

## Tiramisu Waffle

G, M, Su 12.00

Baileys hot sauce, cocoa powder

## Sweet Potato Tagine

G, Su, C, Ss, N 12.00

Toasted sourdough, dates, chermoula, toasted almonds

# TRADITIONAL FAVOURITES

## Sausage or Bacon Sandwich

G, E 7.00

Thurston Butchers' classic sausage or black treacle bacon in white, eight-grain (Ss) or sourdough bread

Add extra portion of

sausage 2.50

bacon 2.50

fried egg 1.50

## Toast

G 4.00

Two slices of white, eight-grain (Ss) or sourdough toast with a choice of:

> Rougham Estate Honey

> Marmalade

> Jam

> Nutella

> Marmite



# ROOTS

ROUGHAM ESTATE CAFÉ

## FOOD ALLERGY NOTICE

Please inform our waiting staff of any food allergies before ordering.

Our menu gives general guidance about ingredients which may affect those with food intolerances and allergies.

Please note, however, that our kitchen handles many types of food and drink each day and although we do our very best to avoid cross-contamination, we cannot guarantee this does not happen. Ultimately, the final choice about what to eat rests with you.

## ALLERGY INDEX

- C Celery
- Cr Crustaceans
- G Gluten
- E Eggs
- F Fish
- L Lupin
- M Milk
- Mo Mollusc
- Mu Mustard
- N Nuts
- Pn Peanuts
- So Soya
- Ss Sesame Seeds
- Su Sulphur Dioxides

Tag us  
@roughamestate



roughamestate.com

# CIABATTAS & LIGHT BITES

SERVED FROM 11AM - 3.30PM



**OFFER: 2 CIABATTAS FOR £20  
(MONDAY - THURSDAY ONLY)**

Ciabattas are all served with dressed leaves and coleslaw

## BLT Ciabatta

G, Mu 11.00  
Black treacle bacon, mini-gem lettuce, beef tomato and garlic aioli

## Roasted Vegetables Ciabatta

G, M, N, Su 13.00  
Burrata, tarragon & lemon basil pesto and rocket

## Fried Chicken Ciabatta

G, M, Su, Mu 13.00  
Blue cheese sauce, buffalo sauce, jalapenos, tomato and shredded lettuce

## Smoked Mackerel Paté Ciabatta

G, M, F 12.00  
Beetroot, apple and gem lettuce

## Suffolk Ham Ciabatta

G, M 12.00  
Suffolk glazed ham, apricot jam, goats cheese and rocket



## Soup of the Week 10.00

Please ask server or see our specials board for flavour

## Sloppy Doe

G, M, Su, C 13.00  
Rougham Estate venison ragu, rapini, burrata

## Sausage Roll

G, Su, E, Mu 7.50  
Served with onion jam

## Vegan Roll

G, Su, So, Mu 7.50  
Served with onion jam

## Pulled Jackfruit

G, So 13.00  
Avocado, labneh, harissa salsa and gem lettuce

## Scotch Egg

G, E, Mu, Su 7.50  
Served with piccalilli

## Quiche of the Day

G, E, M, Mu, Su 9.00  
Served with side salad

## SIDES

### Classic Fries 4.50

Rosemary garlic salt

### Sweet-Potato Fries 5.50

Chermoula, pomegranate seeds

### Italian Loaded Fries 5.50

Marinara sauce, parmesan and parsley M, Su

### Bread Board 6.00

Selection of Friendly Loaf breads, herb butter, olive oil, balsamic glaze

G, M, Ss, Su

## TREAT YOURSELF TO A DELICIOUS CAKE

Served all day

A selection of homemade traybakes and cakes are available.

Please ask for details.

# CHILDREN'S MENU SERVED FROM 9AM - 3.30PM

## Granola

N, So, Su 8.00  
Yoghurt, spiced apple & pears and maple syrup

## Children's Fry-Up

G, E 10.00  
Sausage, bacon, fried egg, Heinz beans, white toast

## Sausage Sandwich

G 7.00  
Two sausages in white bread

## Bacon Sandwich

G 7.00  
Three rashers in white bread

## Sausage & Chips

G 9.00  
with Heinz beans

## Beans on Toast

G 5.00  
Heinz beans on white toast

## Ham Sandwich

G 5.00  
Suffolk ham slices in white bread

## Cheese & Tomato Sandwich

G, M 5.00  
Sliced cheddar cheese and tomato in white bread

## Nutella Waffle

G, M, N 8.00

## INDULGE IN HANDCRAFTED AND AWARD WINNING ICE CREAM

120ml tub

Vanilla  
Chocolate  
Strawberries & Cream  
Mint Chocolate  
Salted Butter Caramel  
Vegan Vanilla

3.50

Please ask your server for allergen information