



BRUNCH

SERVED FROM 9^{AM} - 3.30^{PM}

Roots Fry-Up

G, E, M, So, Su 14.00

Thurston Butchers' classic sausage and black treacle bacon, Rymer Farm fried egg, marinara baked beans, garlic roasted vine tomatoes, lemon & thyme potato wedges, balsamic mushroom and smoked herb butter with white, eight-grain (Ss) or sourdough toast

Veggie Fry-Up

G, E, M, So, Su 13.00

Homemade vegetarian sausage, aubergine bacon, Rymer Farm fried egg, marinara baked beans, garlic roasted vine tomatoes, lemon & thyme potato wedges, balsamic mushroom and smoked herb butter with white, eight-grain (Ss) or sourdough toast

Roots Eggs Benedict

G, E, M, Su 14.00

Rosemary & sea salt focaccia, pork belly, two Rymer Farm poached eggs, horseradish vinaigrette, hollandaise sauce

Roots Eggs Royale

G, E, M, Su, F 13.00

Toasted sourdough, smoked salmon, two Rymer Farm poached eggs, dill, hollandaise sauce

Maple & Rosemary Granola

N, So, Su 11.00

Spiced baked apples & pears, yoghurt, winter berry compote and chia seeds

Kimchi Pancake

G, So, Ss 12.00

Asian slaw, gochujang sauce, sesame seeds

Avocado on Toast

G, So, Ss 12.00

Toasted sourdough, smashed avocado, labneh, harissa salsa, two Rymer Farm poached eggs, pomegranate

Buttermilk Fried Chicken

G, E, M, Su 13.00

Brioche, smashed avocado, poached egg, chipotle hollandaise sauce, pickled red onion

Tiramisu Waffle

G, M, Su 12.00

Baileys hot sauce, cocoa powder

Sweet Potato Tagine

G, Su, C, Ss, N 12.00

Toasted sourdough, dates, chermoula, toasted almonds

TRADITIONAL FAVOURITES

Sausage or Bacon Sandwich

G, E 7.00

Thurston Butchers' classic sausage or black treacle bacon in white, eight-grain (Ss) or sourdough bread

Add extra portion of

sausage 2.50

bacon 2.50

fried egg 1.50

Toast

G 4.00

Two slices of white, eight-grain (Ss) or sourdough toast with a choice of:

> Rougham Estate Honey

> Marmalade

> Jam

> Nutella

> Marmite



ROOTS

ROUGHAM ESTATE CAFÉ

FOOD ALLERGY NOTICE

Please inform our waiting staff of any food allergies before ordering.

Our menu gives general guidance about ingredients which may affect those with food intolerances and allergies.

Please note, however, that our kitchen handles many types of food and drink each day and although we do our very best to avoid cross-contamination, we cannot guarantee this does not happen. Ultimately, the final choice about what to eat rests with you.

ALLERGY INDEX

- C Celery
- Cr Crustaceans
- G Gluten
- E Eggs
- F Fish
- L Lupin
- M Milk
- Mo Mollusc
- Mu Mustard
- N Nuts
- Pn Peanuts
- So Soya
- Ss Sesame Seeds
- Su Sulphur Dioxides

Tag us
@roughamestate



roughamestate.com

CIABATTAS & LIGHT BITES

SERVED FROM 11AM - 4PM



Ciabattas are all served with dressed leaves and coleslaw

BLT Ciabatta

G, Mu 11.00
Black treacle bacon, mini-gem lettuce, beef tomato and garlic aioli

Roasted Vegetables Ciabatta

G, M, N, Su 13.00
Burrata, tarragon & lemon basil pesto and rocket

Sloppy Doe

G, M, Su, C 13.00
Rougham Estate venison ragu, rapini, burrata

Fried Chicken Ciabatta

G, M, Su, Mu 13.00
Blue cheese sauce, buffalo sauce, jalapenos, tomato and shredded lettuce

Smoked Mackerel Paté Ciabatta

G, M, F 12.00
Beetroot, apple and gem lettuce

Suffolk Ham Ciabatta

G, M 12.00
Suffolk glazed ham, apricot jam, goats cheese and rocket

Pulled Jackfruit

G, So 13.00
Avocado, labneh, harissa salsa and gem lettuce



Soup of the Week 10.00

Please ask server or see our specials board for flavour

Sausage Roll

G, Su, E, Mu 7.50
Served with onion jam

Vegan Roll

G, Su, So, Mu 7.50
Served with onion jam

Scotch Egg

G, E, Mu, Su 7.50
Served with piccalilli

Quiche of the Day

G, E, M, Mu, Su 9.00
Served with side salad

SIDES

Classic Fries 4.50

Rosemary garlic salt

Sweet-Potato Fries 5.50

Chermoula, pomegranate seeds

Italian Loaded Fries 5.50

Marinara sauce, parmesan and parsley M, Su

Bread Board 6.00

Selection of Friendly Loaf breads, herb butter, olive oil, balsamic glaze
G, M, Ss, Su

TREAT YOURSELF TO A DELICIOUS CAKE

Served all day

A selection of homemade traybakes and cakes are available.

Please ask for details.

CHILDREN'S MENU SERVED FROM 9AM - 3.30PM

Granola

N, So, Su 8.00
Yoghurt, spiced apple & pears and maple syrup

Children's Fry-Up

G, E 10.00
Sausage, bacon, fried egg, Heinz beans, white toast

Sausage Sandwich

G 7.00
Two sausages in white bread

Bacon Sandwich

G 7.00
Three rashers in white bread

Sausage & Chips

G 9.00
with Heinz beans

Beans on Toast

G 5.00
Heinz beans on white toast

Ham Sandwich

G 5.00
Suffolk ham slices in white bread

Cheese & Tomato Sandwich

G, M 5.00
Sliced cheddar cheese and tomato in white bread

Nutella Waffle

G, M, N 8.00

INDULGE IN HANDCRAFTED AND AWARD WINNING ICE CREAM

120ml tub

Vanilla
Chocolate
Strawberries & Cream
Mint Chocolate
Salted Butter Caramel
Vegan Vanilla

3.50

Please ask your server for allergen information