

# BRUNCH

SERVED FROM 9AM - 3.30PM

## Roots Fry-Up

G, E, M, So, Su 14.00

Thurston Butchers' classic sausage and black treacle bacon, Rymer Farm fried egg, marinara baked beans, garlic roasted vine tomatoes, lemon & thyme potato wedges, balsamic mushroom and smoked herb butter with white, eight-grain or sourdough toast

#### Veggie Fry-Up

G, E, M, So, Su 13.00

Homemade vegetarian sausage, aubergine bacon, Rymer Farm fried egg, marinara baked beans, garlic roasted vine tomatoes, lemon & thyme potato wedges, balsamic mushroom and smoked herb butter with white, eight-grain or sourdough toast

#### **Smoked Salmon on Toast**

G. E. F. So. Su 14.00

Toasted dark rye bread, yoghurt, smoked salmon, dill, pickled shallots, Avruga caviar, Rymer Farm soft-boiled egg and lemon

#### Mediterranean Braised Lentils

G, C, E, So, Su, Mu, Ss, L 12.00

Two Rymer Farm poached eggs, roasted cherry tomatoes, black pepper yoghurt, salsa verde and lemon infused olive oil

# Hot Honey Flatbread

G, M, E, Su 13.00

Diced pancetta, burrata, Rymer Farm fried egg, rocket, sundried tomato, chilli-infused honey and sumac

#### French Toast Sandwich

G, M, E 12.00

Sweet cream cheese, homemade blueberry compote, lemon curd, mint and fresh berries

#### Avocado on Toast

G, N, So, Su 12.00

Toasted sourdough, smashed avocado, local asparagus, vegan cashew cream, pickled red onion and coriander

#### **Roots Eggs Benedict**

G, E, M, Su 14.00

Rosemary & sea salt focaccia, pork belly, two Rymer Farm poached eggs, horseradish vinaigrette, hollandaise sauce

#### Nutty Granola Breakfast Bowl

, So, Su

11.OC

Passion fruit, yoghurt, maple syrup, Medjool dates, fresh berries and chia seeds

# TRADITIONAL FAVOURITES



# Sausage or Bacon Sandwich

G. E 7.00

Thurston Butchers' classic sausage or black treacle bacon in white, eight-grain or sourdough bread

#### Add extra portion of

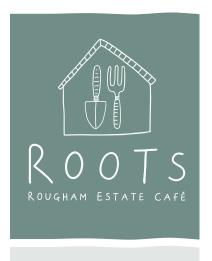
sausage 2.50 bacon 2.50 fried egg 1.50

# Toast

G 4.00

Two slices of white, eight-grain or sourdough toast with a choice of:

- > Rougham Estate Honey
- > Marmalade
- > Jam
- > Nutella
- > Marmite



#### FOOD ALLERGY NOTICE

Please inform our waiting staff of any food allergies before ordering.

Our menu gives general guidance about ingredients which may affect those with food intolerances and allergies.

Please note, however, that our kitchen handles many types of food and drink each day and although we do our very best to avoid cross-contamination, we cannot guarantee this does not happen. Ultimately, the final choice about what to eat rests with you.

# **ALLERGY INDEX**

- C Celery
- Cr Crustaceans
- G Gluten
- E Eggs
- F Fish
- \_ Lupin
- M Milk Mo Mollusc
- Mu Mustard
- N Nuts
- Pn Peanuts
- So Soya
- Ss Sesame Seeds
- Su Sulphur Dioxides

Tag us @roughamestate

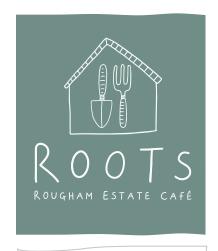


roughamestate.com

# WRAPS, CIABATTAS & LIGHT BITES

SERVED FROM 11AM - 3.30PM





Wraps and Ciabattas are all served with coleslaw

## Pesto Chicken Wrap

G, M, Mu, Su 13.00 Tzatziki, crumbled feta, avocado, shredded lettuce and sundried tomato

#### Roots Fish Finger Ciabatta

G, E, F, Mu, Su 13.00 Beer-battered cod, tartare sauce, mini-gem lettuce and dill

#### Steak Ciabatta

G, M, Su, Mu 13.00 Skirt steak, stilton sauce, caramelized red onion jam and watercress

# Mediterranean Vegetable Wrap

G, Mu, N, Su, So 13.00 Roasted vegetables, artichoke, vegan mascarpone, lemon oil and rocket

#### **BLT Ciabatta**

G, Mu 10.00 Black treacle bacon, mini-gem lettuce, beef tomato and garlic aioli

#### Ham & Piccalilli Ciabatta

G, Mu, Su 10.00 Suffolk glazed ham, piccalilli and rocket

#### SIDES

Fries 4.50 Rosemary garlic salt

Sweet-Potato Fries 5.50 Salsa verde

Italian Loaded Fries 5.50 Marinara, parmesan and parsley M, Su

> Side Salad 5.00 Lettuce, cucumber, tomato with house dressing Mu, Su



# Homemade Salad of the Week Please ask our waiting staff or check our Specials Board for this week's salad

#### Sausage Roll G, Su, E, Mu

Served with onion jam

#### Vegan Roll

G, Su, So, Mu Served with onion jam

# Scotch Egg

7.50

7.50

G, E, Mu, Su Served with piccalilli

#### Quiche of the Day

G, E, M, Mu, Su 9.00 Served with side salad

## TREAT YOURSELF TO A DELICIOUS CAKE

Served all day

A selection of homemade traybakes and cakes are available.
Please ask for details.

# CHILDREN'S MENU

SERVED FROM 9AM - 3.30PM

#### Granola

N, So, Su 8.00 Yoghurt, fresh berries and maple syrup

#### Children's Fry-Up

G, E 10.00 Sausage, bacon, fried egg, Heinz beans, white toast

#### Sausage Sandwich

G 7.00 Two sausages in white bread

#### Bacon Sandwich

G 7.00 Three rashers in white bread

#### Beans on Toast

G 5.00 Heinz beans on white toast

## French Toast

7.50

G, E, M Fresh berries and maple syrup

#### Ham Sandwich

G Suffolk ham slices in white bread

# Cheese & Tomato Sandwich

G, M 5.00 Sliced cheddar cheese and tomato in white bread

#### 5.00 Tomato Pasta

8.00

G, M, Su 7.00 Melted cheddar cheese and buttered white bread