



# BREAKFAST

SERVED FROM 9 - 11.30<sub>AM</sub>

## Porridge

VG option available 7.95  
Spiced porridge with roasted  
rhubarb and an oat crumble topping  
Vegan option available with coconut milk

## Roots Fry-Up

GF option available 12.95  
Thurston butchers' black treacle  
bacon and classic sausage, Rymer Farm  
fried egg, hash browns, mushrooms,  
tomato and baked beans with white  
or wholemeal toast  
We kindly ask for no substitutions

## Roots Veggie Fry-Up 12.95

Vegetarian sausage, two Rymer Farm  
fried eggs, hash browns, mushroom,  
tomato, baked beans with white  
or wholemeal toast

## French Toast v 11.95

Two slices of brioche in our own Roots  
custard, topped with stewed plums,  
cinnamon and clotted cream  
- a real treat!

## Avocado on Toast 11.95

Toasted sourdough, topped with  
smashed avocado, chilli flakes and  
black treacle bacon  
Add a poached egg for £1.50  
VG bacon available

## Eggs Benedict 12.50

Two poached Rymer Farm eggs with  
black treacle bacon and hollandaise  
sauce on toasted sourdough

## Eggs Florentine v 11.95

Two poached Rymer Farm eggs with  
wilted spinach and hollandaise sauce on  
toasted sourdough

## Eggs Royale 13.50

Two poached Rymer Farm eggs with  
smoked salmon and hollandaise sauce  
on toasted sourdough

## Scrambled Rymer Farm

### Eggs on Toast 8.95

GF bread available  
Choice of white or wholemeal toast  
Add black treacle bacon £2.95  
Add spinach and mushrooms £2.95  
Add smoked salmon £3.50

## Sausage or Bacon Sandwich

### 6.95

GF bread available  
Your choice of Thurston Butchers'  
sausage or black treacle bacon in  
white or wholemeal bread  
Add an extra sausage or bacon £2.95  
Add fried egg £1.50

## Fried Egg Sandwich

### 5.95

GF bread available  
Two Rymer Farm fried eggs in white  
or wholemeal bread

## Toast v 4.95

Two slices of white or wholemeal  
toast with your choice of  
Rougham Estate honey  
Marmalade  
Strawberry/raspberry/apricot jam  
Nutella  
Marmite

## Breakfast Pastries 3.85

Please see the counter for today's  
selection

## Cakes

Served from 9.30am - 4pm  
A selection of homemade traybakes  
and cakes are available.  
Please ask for details.



# ROOTS

ROUGHAM ESTATE CAFÉ

## WHERE OUR FOOD COMES FROM

Our bread is sourced from  
**The Friendly Loaf**  
and delivered to us daily,  
along with our breakfast  
pastries and scotch eggs

DISTANCE: 2.4 miles

**Thurston Butchers**  
supply us with our meat, as  
well as their own  
Vegan Sausage roll.

DISTANCE: 1.9 miles

Our eggs are from  
**Rymer Farm.**  
We use the large richer  
golden yolk variety.

DISTANCE: 8.1 miles

Tag us  
[@roughamstate](https://www.instagram.com/roughamstate)



[roughamstate.com](http://roughamstate.com)

## FOOD ALLERGY NOTICE

Please inform us of any  
specific dietary requirements,  
including allergies and  
intolerances, before ordering.  
Our suppliers and kitchens  
handle numerous food and  
drinks containing allergens.  
Whilst we make every effort  
to ensure that your food is  
suitable for you, unfortunately  
it is not possible for us to  
guarantee that our dishes will  
be 100% free from an allergen.



## LUNCH

SERVED FROM 12<sup>PM</sup> - 2.45<sup>PM</sup>

### Soup of the Day v, GF, VG 6.75

GF bread available

Served with white or wholemeal bread, please see the specials board for today's flavour.

### Roots Quiche of the Day v 8.95

Served with a side salad and coleslaw

Please see our specials board for today's flavour

### Macaroni and Cheese v 11.95

Served with garlic bread and side salad

### Roots Cobb Salad 14.95

VG/V option available

A vibrant salad with poached chicken from Thurston Butchers, black treacle bacon, avocado and hard boiled Rymer Farm eggs

### Chicken, Black Treacle Bacon and Tarragon Casserole 16.95

In a creamy white wine sauce served with mash and tender stem broccoli

### Roots Rarebit 9.95

Homemade rarebit sauce made with Nethergate Brewery golden ale on toasted sourdough, served with a side salad

Add black treacle bacon £2.95

### The Rougham Estate Workers' Lunch 12.95

Cheddar Cheese, honey roast ham, half a sausage roll, celery, pickled onions, apple slice, side salad, Stokes red onion chutney with white or wholemeal bread

## LIGHT BITES

SERVED FROM 11.30<sup>AM</sup> - 3.45<sup>PM</sup>

### Sausage Roll or Scotch Egg 6.50

Roots homemade sausage roll or The Friendly Loaf scotch egg served with a side salad and coleslaw

### Thurston Butchers' Vegan Roll v, VG 6.50

Served with a side salad and coleslaw

### Sandwiches

Served with a side salad and crisps

#### Salt Beef

Sauerkraut, Emmental cheese and sweet mustard on sourdough 10.95

#### Caprese v

Basil pesto, tomato slices, sundried tomatoes, mozzarella and balsamic glaze on toasted sourdough 10.95

### Tuna Mayo

Sweetcorn and leaves, on white or wholemeal bread

GF bread available 8.95

### BLT

with black treacle bacon, sliced tomato, lettuce and mayonnaise, on white or wholemeal bread

GF bread available 8.95

### Open Sandwiches

#### Prawn Open Sandwich

with lettuce and Bloody Marie Rose sauce on white or wholemeal bread

GF bread available 10.95

#### Roasted Veg and Beetroot Houmous

Open Sandwich v, VG on sourdough 9.95



ROOTS  
ROUGHAM ESTATE CAFÉ

### SIDE DISH WITH LUNCH OR LIGHT BITES

Skin-on rosemary fries 4.50

Plain skin-on fries 3.50

Halloumi fries with Stokes chilli jam 5.75

### TREAT YOURSELF TO A DELICIOUS CAKE

Served all day

A selection of homemade traybakes and cakes are available.

Please ask for details.

Tag us

@roughamestate



roughamestate.com

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